

1980  2009

ETWALL EAGLES SWIMMING CLUB

*Established 1980 – Affiliated to the ASA East Midland Region and Derbyshire ASA
Proudly present their*

5th Masters Open Meet

Held under A.S.A. laws and A.S.A. technical rules of swimming

Saturday 28th November 2009

at the

Queen's Leisure Centre, Derby

Cathedral Road, Derby, DE1 3PA

Including Age Group 18-24

EVENTS

25m, 50m & 100m all strokes

100m IM

4x50m Freestyle & Medley Relays (72+ / 120+ / 160+ / 200+)

6x50m Mixed Freestyle Cannon Relay (210+)

Full range of age groups for individual events in 5 year bands from 18-24

Ages as on 31/12/09

All events HDW

6 Lane Deck level Pool

Ample Spectator facilities

Electronic Timing (for all events over 25m)

Results sent for GB rankings & Decathlon

Awards for top three Male / Female in each age group

Awards for top team in each relay

Award for top visiting club

Entry Fees:-

50m / 100m Events £3.50

25m Events £2.25

Relays £5.00

Entry forms available from:-

www.etwalleagles.co.uk

Janet Briggs

41 Belfield Road

Etwall, Derby, DE65 6JN

nigel.briggs@btinternet.com

Closing Date 31st October 2009

All entries on a "first come first serve" basis

Late entries accepted at the discretion of the promoter

www.etwalleagles.co.uk

ETWALL EAGLES SWIMMING CLUB

5th Masters Open Meet, Saturday 28th November 2009

Programme of Events

SESSION 1 10:15 am start Warm-up 9-9.30 Mixed, 9.30-9.50 Ladies, 9.50-10.10 Men		SESSION 2 start time TBA	
EVENT		EVENT	
		13	Mixed 100m Freestyle
1	Women's 25m Butterfly	14	Women's 25m Breaststroke
2	Men's 25m Butterfly	15	Men's 25m Breaststroke
3	Women's 50m Freestyle	16	Women's 50m Backstroke
4	Men's 50m Freestyle	17	Men's 50m Backstroke
5	Mixed 100m Breaststroke	18	Mixed 100m Butterfly
6	Women's 25m Backstroke	19	Women's 25m Freestyle
7	Men's 25m Backstroke	20	Men's 25m Freestyle
8	Women's 50m Butterfly	21	Women's 50m Breaststroke
9	Men's 50m Butterfly	22	Men's 50m Breaststroke
10	Mixed 100m Individual Medley	23	Mixed 100m Backstroke
11	Women's 4x50m Freestyle Relay	24	Women's 4x50m Medley Relay
12	Men's 4x50m Freestyle Relay	25*	Men's 4x50m Medley Relay
*There will be a 5 minute break between events 25 & 26 to allow swimmers to recover.		26	Mixed 6x50m Freestyle Cannon Relay

CONDITIONS

Meet to be held under ASA Laws and ASA Technical Rules of Swimming.

Age groups for the individual events will be:- 18-24 / 25-29 / 30-34 / 35-39 / 40-44 / 45-49 / 50-54 / 55-59
60-64 / 65-69 / 70-74 / 75-79 / 80-84 / 85-89 / 90-94 / 95-99 / 100+

Ages as of 31/12/09.

A competitor may compete in the name of one club only.

The one start rule will apply.

Over the top starts will be used where possible.

No restrictions on number of swims entered by each individual.

All 100m events will be swum with men and women seeded together, but there will be separate men's & women's results.

Relay - Swimmers may swim in only one team in any relay event. 18-24 year olds may only swim in the 72+ age group.

Relay events: 11, 12, 24 & 25 combined ages will be:- 72+ / 120+ / 160+ / 200+.

Teams for Mixed Freestyle Cannon Relay will consist of six swimmers (3 Female & 3 Male swimmers, swimming in any order) with a combined age of 210 years or over.

Awards will be made to each winning team in the relay events.

Awards to be made to the top 3 male and the top 3 female swimmers in each age group. The sum of the points from each individual's best results in each of the four strokes plus the IM to decide the top swimmer, in the event of a tie the result from the IM to act as a "tie breaker".

The top visiting club award will go to the club with the highest total of points from the gala and points will be awarded for individuals and relay teams as follows :- 1st 6 points / 2nd 5 points / 3rd 4 points / 4th 3 points / 5th 2 points / 6th and any swimmer or team who legally finishes their event 1 point.

All entries will be accepted on a first come first serve basis & restrictions on numbers will be applied if required.

All entries must be on the official entry form and the form must be filled out in full, photocopies of the form are acceptable.

Late entries may be accepted at the discretion of the promoter.

The closing date for entries is the 31st October 2009.

Anything not covered in the above to be at the discretion of the promoter

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ETWALL EAGLES SWIMMING CLUB

Established 1980 – Affiliated to the ASA East Midland Region and Derbyshire ASA

28th November 2009 at Queens Leisure Centre, Derby

5th Masters Open Meet

Held under ASA laws and ASA Technical rules of swimming

Entry form

Photocopies of this form will be accepted

Event 1 & 2	Event 8 & 9	Event 18	Event 6 & 7	Event 16 & 17	Event 23	Event 14 & 15	Event 21 & 22	Event 5	Event 19 & 20	Event 3 & 4	Event 13	Event 10
25m Fly	50m Fly	100m Fly	25m Back	50m Back	100m Back	25m Breast	50m Breast	100m Breast	25m Free	50m Free	100m Free	100m IM

Note:- Please enter a recent time for each of the events that you wish to enter. All accepted entries that have no time submitted, will be entered in the first heats of the event.

NAME OF CLUB _____

THIS IS MY FIRST MASTERS GALA YES / NO

ASA REGISTRATION NUMBER _____

DATE OF BIRTH _____

SURNAME _____

FORENAME _____

MALE / FEMALE

ADDRESS _____

POST CODE _____

TEL _____

Email _____

I certify that the above details are correct and that I will abide by the promoters conditions.

Signed _____

Date _____

Cheques payable to Etwall Eagles Masters

_____ x 25m Events @ £2.25 = £ _____

_____ x 50m & 100m Events @ £3.50 = £ _____

Total enclosed = £ _____

Completed forms with a SAE and cheque to be sent to :-

Janet Briggs
41 Belfield Road
Etwall
Derby
DE65 6JN

Closing Date:
31st October 2009

ETWALL EAGLES SWIMMING CLUB

5th Masters Open Meet

Held under ASA laws and ASA technical rules of swimming

Relay Entry Form

Name of Club _____

Event (number)	Number of teams Entered	Total age of Team	Total Cost
(11) Women's 4 x 50m Freestyle Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(12) Men's 4 x 50m Freestyle Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(24) Women's 4 x 50m Medley Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(25) Men's 4 x 50m Medley Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(26) Mixed 6 x 50m Freestyle Cannon Relay	x £5.00	210+	£

Grand Total £ _____

CONTACT NAME _____ TEL _____

I certify that all the members of the team are eligible to compete and that they will abide by the promoters conditions. **SIGNED** _____

ADDRESS _____

POST CODE _____

Completed forms with a SAE and cheque to be sent to:-

Janet Briggs
41 Belfield Road
Etwall
Derby, DE65 6JN

All Cheques to be made payable to Etwall Eagles Masters

www.etwalleagles.co.uk

**Closing Date:
31st October 2009**